

# NEW class **Stretch FLEX**

A stretch, mobility & strength class for young dancers with bands, balls and fun props!



# Class Schedule

# 2024-25

Classes start: Aug. 12, 2024  
Spring Concert: May 24, 2025  
Tennessee Theatre

## Monday

Studio A	JR	Studio B	JR	Studio C	JR	Warehouse	JR
3:00-3:30 Ballet Age 3 A	Brenna 0.1						
3:30-4:30 Ballet I A	Leah 1.1	3:30-4:30 Ballet Age 6,7 A	Kelly 0.9	3:45-4:30 Ballet Age 5 A	Brenna 0.6		
4:30-5:30 Ballet II A	Leah 2.1	4:30-5:15 Tap Age 6,7	Kelly 010	4:30-5:30 Tap I	Brenna 1.3	4:15-5:30 Ballet IV	Lisa 4.1
5:30-6:30 Modern II A	Sheena 2.2	5:15-6:30 Ballet V	Julie 5.1	5:30-6:30 Ballet Age 7	Leah 015	5:30-6:45 Jazz I	Marianne 4.3
6:30-8:00 Ballet Adv	Julie 9.1	6:45-8:00 Jazz II	Marianne 5.4	6:30-8:00 Jazz Int 2	Denise 8.2	6:45-8:00 Ballet Int 1	Lisa 7.1
8:00-9:30 Modern Adv	Lisa/Jill 9.2	8:00-9:30 Ballet Int 2	Julie 8.1			8:00-9:15 Jazz Int 1	Denise 7.2

## Tuesday

Studio A	JR	Studio B	JR	Studio C	JR	Warehouse	JR
3:00-3:30 Ballet Age 3 B	Brenna 0.2						
3:30-4:15 Ballet Age 4 A	Brenna 0.3	3:30-4:15 Ballet Age 5 B	Darby 0.7				
4:15-5:15 Modern Age 7,8	Brenna 016	4:15-5:15 Ballet II B	Dylan 2.4	4:00-5:00 Ballet Age 6,7 B	Laura 011	4:00-5:15 Ballet III	Lisa 3.1
5:15-6:15 Ballet I B	Dylan 1.2	5:15-6:15 Modern II B	Laura 2.5	5:15-6:15 Tap IV/V	Brenna 4.4	5:15-6:30 Modern III	Darby 3.2
6:15-7:45 Ballet VI	Lisa 6.1	6:15-7:45 Ballet Adv	Kathleen 9.1	6:15-7:30 Ballet V	Dylan 5.1	6:30-7:45 Horton Int 1/2	Laura 7.4
7:45-9:00 Modern VI A	Lisa/Darby 6.3	7:45-9:00 Horton Adv	Laura 9.4	7:45-9:00 Modern VI B	Lisa/Darby 6.4	7:45-9:15 Ballet Int 1/2	Kathleen 7.6

## Wednesday

Studio A	JR	Studio B	JR	Studio C	JR	Warehouse	JR
3:30-4:15 Ballet Age 4 B	Brenna 0.4	3:45-4:45 Modern Age 6,7	Darby 014	3:45-4:45 Modern I B	Lisa 1.5		
4:15-5:30 Modern IV	Jill 4.2	4:45-5:30 Tap Age 6,7,8	Kelly 012	4:45-5:30 Ballet Age 5 C	Darby 0.8	4:15-5:30 Tap Int 2/Adv	Brenna 8.3
5:30-6:45 Ballet IV	Lisa 4.1	5:30-6:30 Modern I A	Darby 1.4	5:30-6:30 Ballet Age 6,7 C	Kelly 013	5:30-6:45 Tap VI	Brenna 6.6
		6:30-7:30 Tap Int 1	Kelly 7.3			6:45-8:00 Ballet VI, Pointe II	Kathleen 6.2

## Thursday

Studio A	JR	Studio B	JR	Studio C	JR	Warehouse	JR
3:15-4:00 Ballet Age 4 C	Brenna 0.5						
4:00-5:00 Ballet II B	Dylan 2.4	4:00-5:00 Tap III	Brenna 3.3	4:00-5:00 Ballet II A	Leah 2.1	4:15-5:30 Modern V	Darby 5.3
5:00-6:00 Ballet III	Lisa 3.1	5:00-6:15 Ballet VI	Dylan 6.1	5:00-6:00 Tap II	Brenna 2.3	5:30-6:30 Ballet V, Pointe I	Leah 5.2
6:00-7:30 Modern Int 1/2	Darby/Jill 7.5	6:15-7:30 Jazz III	Denise 6.5	6:00-7:30 Ballet Adv	Lisa 9.1		
7:30-9:00 Ballet Int 1/2	Lisa 7.6	7:30-9:00 Jazz Adv	Denise 9.3				

## Friday

Studio A	JR	Warehouse	JR
4:00-4:45 StretchFlex Ages 8-11	Darby 1.6	4:15-5:00 StretchFlex Ages 12+	Lisa 4.5

### CONTACT US!

865.539.2475 |

office@studioartsfordancers.com

### FIND US ONLINE!

studioartsfordancers.com |

FB/IG @studioartsfordancers